

CONSTIPATION

FAST PROVEN METHOD RELIEF IN 20 MINUTES

Learn the true facts of disease. Many people constantly complain of stomach disorders, such as gas, bloating, burning of the stomach, abdominal cramps, nausea and vomiting, when in reality, the lower part of the bowels is to blame. It is a well known fact that most distress in the abdominal region is self diagnosed as stomach trouble. This misconception is a natural one. Constipation results in the formation of large quantities of poisons that gain entrance into all parts of the body by means of the

blood stream and lymph channels. The effect is the same as it would be if you were to swallow a dose of poison every day. The first and last thought in the mind of most people when they become constipated is to take a physic, yet no physic was ever made that would cure constipation. Continued use of physics leads to definite ailments of the colon itself. Stop fooling yourself. Know the true facts of disease. Life or Death can be due to neglect of your physical condition.

HEART

Over half of the deaths in the country are due to Heart and Blood Vascular disorders

GALL BLADDER

The Gall Bladder is of interest clinically only when it becomes infected or otherwise is injured. Under such circumstances it no longer concentrates bile in the normal manner but pours out a fluid which differs greatly in composition from the normal Bile; or it harbors a stone which causes

trouble or perhaps when it is the site of a malignant growth. Fully one half of the patients who come to me believing they have stomach Ulcer or gastritis are really affected with some form of Gall Bladder disorder.

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Speed Legislation Given Support

National Safety council supports the recommendations for speed legislation contained in the uniformed vehicle code, according to an article in the Golden Gate Safety News. Following has been taken from the News:

1. The basic rule that speed must always be reasonable and prudent;
2. The creation of certain limits (50 mph in the daytime on rural highways, for instance), speeds above which are pre-

sumptive evidence of a violation; and

3. Authority for the proper officials to study individual highways and set special limits (zones) above or below the blanket limits mentioned above.

It should be added that the national joint committee responsible for the uniform vehicle code carried on serious discussions last summer over a change from the prima facie limit of 50 mph to an absolute 60 mph for rural highways.

This change missed being adopted by a narrow vote and probably will again be considered by the group at its next review.

National Safety council holds no brief for drivers who operate at fantastic speeds of 80 to 100 miles per hour. However, many more accidents occur in which no such high speeds are involved. In addition to numerical limits there must be energetic and consistent efforts made to discourage speeds too fast for conditions, at whatever point in the speed range they occur.

Council supports all efforts to enforce obedience to existing legal (speed) limits, and encourages and aids education and enforcement programs designed to bring speeds to levels consistent with existing conditions of road, weather and traffic. It acknowledges the right and responsibility of local authorities to set specific limits as a general ceiling or as a maximum for a specific road.

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College Band Gives Concert Tuesday Night

Long Beach State college concert band, under the direction of Dr. Sanford M. Helm, will present a concert Tuesday night in the college Little Theater. The program which begins at 8 p.m., will feature the works of Ravel, Handel, Bach, Miliband, Talo, and Rimsky-Korsakov. Several marches and an instrumental fantasy on Gershwin's "Porgy and Bess" will also be performed by the highly rated college musicians.

Tuesday night performance will be the initial formal indoor concert for the Long Beach state college aggregation. This is the first year that the group has been of sufficient size to present a concert of this type.

Of the program, Director Helm said, "We intend to offer to the students and the community the opportunity of hearing performances of the finest wind-instrument repertoire from the past and present. Our first major step will be May 10 when we present our concert in the Little Theater." The public is invited, free of charge, to attend the event.

Long Beach State college is

situated on two adjoining campuses, covering 320 acres, east of the Veterans hospital in Long beach. The school has a total enrollment of more than 4500, a faculty of 130, and a rapidly expanding curriculum, offering courses in most major fields of study.

RABIES OUTBREAK

County Cites Leash Law

Recent outbreak of rabies has necessitated an order for strict enforcement of the Los Angeles County Leashing ordinance throughout the entire unincorporated territory in the southern section of the county, according to Marvin T. Thronson, poundmaster.

The area includes parts west of the Los Angeles river and south of the city limits. Pound department deputies have been instructed to enforce the ordinance which prohibits dogs from running at large off the owner's premises, by impounding all dogs found loose, or issuing court citations.

Thronson is asking that all dog owners cooperate by keeping their dogs confined to their premises except when on a leash and in the custody of a competent person. This order is for the protection of the residents as well as for the safety of their animals, he continued.

All complaints of dogs running at large in the unincorporated area should be referred to the county pound department, 11270 South Garfield avenue, Hondo.

Hold Success Story Telecast

"Success Story," in a live, remote telecast at 7 p.m. tomorrow over KTTV (channel 11) from the new cancer wing of the UCLA School of Medicine, will introduce the public to such recent research developments as the cobalt bomb and the multi-million volt, revolving X-ray machine.

Dr. Justin J. Stein, Dr. Andrew Dowdy and other UCLA scientists will be interviewed and will tell of additional cancer research advancements as well as activities of the American Cancer society in this field.

Refinishing

Fine scratches or imperfections on an old finish may be removed by the use of sandpaper or fine steel wool, before refinishing. Steel wool also may be used on dry surfaces of unfinished wood, but if used on damp surfaces, after the wood has been wetted to raise the grain, it may cause a blue stain.

Seal Scratches

For deep scratches and cracks in wood surfaces, use stick shellac which comes in various colors. To apply, heat the end of the shellac with a match and let the melted shellac flow into the crack. A heated knife blade may be used to funnel molten shellac into small cracks and crevices. After the shellac has hardened, sand the surface smooth and even. Very small cracks should be removed by sanding.

FOR DISTRIBUTION

\$5,281,683 In Highway Users Taxes Available

Robert C. Kirkwood, state controller, announced this week that \$5,281,683 in highway users taxes was available for distribution to counties for the month ended February 28, 1955.

February's highway users taxes available for distribution totaled \$30,114,262. Of this, the counties received \$5,281,683; the state highway fund for cities, \$2,049,489 and the state highway fund for expenditure on highways, \$22,785,090.

Sources of the \$30,114,262 available for distribution were as follows: net gasoline tax, \$19,675,090; use (diesel) fuel tax \$978,766; transfer from motor vehicle fund, \$8,223,799; transfer from motor vehicle transportation tax fund, \$1,195,245; and miscellaneous, \$41,362.

Gasoline taxes during February grossed \$22,015,470 for an increase of \$987,946 over January and an increase of \$522,216 over February 1954. The net gasoline tax available for distribution is determined by deducting refunds to non-highway users of \$2,472,481, and administrative expenses of \$31,468. Added to that sum is \$163,569 in aviation gasoline taxes, which are separately apportioned.

Use (Diesel) fuel tax collections totaled \$978,766 in February, a decrease of \$24,169 over January. The monthly transfer from the motor vehicle transportation tax fund totaled \$1,195,245 in February as compared with \$1,411,045 in January. The unexpended balance of \$8,223,799 in the motor vehicle fund as of December 31, was transferred in February. This amount is derived from various motor vehicle licenses and fees, principally registration and weight fees.

Revenues from this source are transferred to the highway users tax fund, after appropriation expenditures for the support of the department of motor vehicles and the California highway patrol are met.



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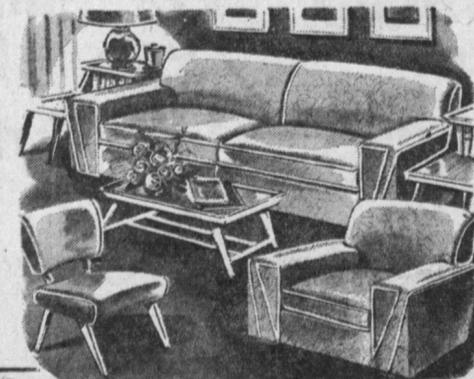
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